



Mental Health Seminar 2025 – Accountability & Impact Report

Organized by Harvest Worship Center International

Supporting Healing, Growth, and Purpose

Held from 21st–23rd March 2025

Structure & Experience

Each day featured a carefully planned program including:

- Counseling sessions
- Therapeutic group discussions
- Creative workshops and guided reflection
- Practical mental health education and tools
- Testimonies and personal development insights

Participants were led through a journey of self-awareness and emotional healing, with tools provided to process pain, restore balance, and build inner strength.

Major Highlights: Brokenness & Unforgiveness

Among the various topics covered, two major highlights emerged across the sessions:

- Brokenness – learning to recognize when internal pain has become too heavy to carry alone
- Unforgiveness – understanding how unresolved bitterness can hinder healing and emotional freedom

Pastor Joyce ministered powerfully through her own testimony, helping attendees reflect deeply on these areas. Her transparency, wisdom, and sensitivity created a safe environment for transformation and hope.



Workbook & Follow-Up Support

The seminar had a one-time attendance fee of €15 for one day, which included a specially created Mental Health Workbook. This resource is:

- A daily reflection tool
- A guide for continued healing after the seminar
- A foundation for self-care and emotional growth
- A bridge toward professional help where needed

Participants were encouraged to use the workbook regularly after the seminar and to seek ongoing support if deeper care was required.

Advancing the Vision of Harvest Worship Center International

This seminar was a clear expression of our organizational mission, particularly in the following areas:

- Providing educational materials and supplies
- Building partnerships and collaboration
- Implementing creative community projects

This seminar is part of our broader work in offering creative, socially relevant initiatives that empower individuals emotionally, mentally, and spiritually.

Looking Ahead

The Mental Health Seminar 2025 marked an important step forward in our mission to care for the whole person (spirit, soul, and body).

We thank all attendees, facilitators, and supporters for making this event a success.

May the seeds sown during these three days continue to bear fruit in the lives of all involved.

Saturday Workshop

The seminar was attended by 23 participants (excluding volunteers and setup team), with a total revenue of €350 collected via Eventbrite.

This seminar was a clear expression of our organizational mission, particularly in the following areas:

- ☒ **Providing educational materials and supplies**

The Mental Health Workbook was developed as part of our commitment to equipping individuals with tools for healing and growth.

- ☒ **Building partnerships and collaboration**

We remain engaged with professionals and organizations in the field of mental health to offer help.

- ☒ **Implementing creative community projects**

This seminar is part of our broader work in offering **creative, social relevant initiatives** that empower individuals.

